



Caledonian Primary School Newsletter

Tuesday 26th March, 2019

Calendar

April

Monday 1st	Resilience Project Parent Information evening – 7pm
Tuesday 2nd	Student Resilience Project sessions District Athletics Day Final Assembly for Term 1- 2.30pm
Thursday 4th	Hot Cross Bun Drive delivered to school
Thursday 4th	Grade 1 Late Stay and Grade 2 Sleepover
Friday 5th	Last day of Term – 2.30pm dismissal

APPRECIATIONS

- Thank you the families who came along to coffee and cake last week.
- Thank you to the parents and community members who nominated for School Council. Thank you the Council members who have finished their tenures.

Dear Families,

This is the final newsletter for Term One. It has been such a great term here at Caledonian Primary School. The classes have had a focus on Student Wellbeing this term. We have some great activities planned next week to conclude the learning this term.

We hope that all families can join us on Monday night at 7pm to hear Hugh van Cuylenburg speak from The Resilience Project. The Resilience Project delivers emotionally engaging programs to schools, sports clubs and businesses and provide them with evidence based, practical strategies to build resilience and happiness. The Resilience Project has delivered programs to over 500 schools around the country and worked with many elite sporting teams including Australian cricket, netball and soccer, NRL and AFL clubs. During this presentation, Hugh will share his experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The Key Principles of the Resilience Project are:

GRATITUDE

- Appreciating what you have, not focussing on what you don't have

EMPATHY

- Thinking of the needs of others/kindness

MINDFULNESS

- The ability to be calm, present and choosing what you focus on

EMOTIONAL LITERACY

- The ability to label out emotions as we are experiencing them

Please use the link below to book a ticket for the evening. Babysitting is available on the night and can be booked through the office.

<https://www.trybooking.com/BBDHC>

The students will be working with Hugh on Tuesday the 2nd April. We will also have a special assembly on this day, where we will launch the School Wide Positive Behaviour Matrix to families. This assembly will involve discussing what the matrix is and how we use it at CPS. Students will be involved in a range of different Wellbeing activities this day.

Staffing

We would like to congratulate Kirsty Bull who has been appointed as an Acting Principal for Term Two and the first week of Term Three at Yaapeet Primary School. This is an excellent opportunity for Kirsty and we wish her all the best.

Alysha Young will be replacing Kirsty in the grade. Kirsty and Alysha will work closely together to ensure a smooth transition and handover.

Pam Barby will be retiring at the end of this term. Pam has worked as an integration aide at our school for many years and will be missed by staff, students and parents. Her final day at school will be Wednesday 3rd April. We wish her well and hope she enjoys her well earned retirement.

Family Engagement Sub Committee

This year we will be running a Family Engagement Sub Committee. The work of this subcommittee will be to develop a partnership between families and the school and look at a range of fundraising activities that can support the students and their learning. These meetings are open to all members of the community. The dates for these meetings will be published in the newsletter. The next meeting will be on Thursday 2nd May.

Last day of Term

Reminder that the last day of Term is Friday 5th April. School will finish at 2.30pm. Students are able to dress in casual clothes on this day.

Athletics

Good luck to the students competing at the athletics carnival next week. I am sure you will do the school very proud.

Compass

Compass is the main communication tool that we use to communicate with our families. If you are having difficulty logging in or using the app please see Brooke in the office. We hope that all families use the Compass management system to stay up to date with things happening at CPS.

Compass Sick Bay

We will now be using Compass Sick Bay to record and inform parents/guardians of injuries/illnesses that occur during the school day. You will receive a text message notification that your child has attend first aid and a brief description of the complaint and associated treatment. For more information you can view Compass Chronicle on the Compass App or phone the school. Please note that for knocks/ bumps to the head we are required to phone parents/guardians to inform them of the injury.

Enjoy the rest of the week. I look forward to seeing many of you at our whole school events next week.

Kind regards,
Brea Terris
Principal

Student Banking

Students who have a Commonwealth Bank Dollarmite account are able to bring their deposit book along to the school on Tuesday morning. Deposits are processed at the school office and deposit books are returned to the student the same day. Students banking through the school will receive a token each time they bank and when they collect 10 tokens they can select a gift.

Camps, Sports & Excursions Fund (CSEF) Information for Parents who have a Healthcare Card or Pension Card

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. The allowance will be paid to the school and will be used to pay for camps, excursions, or sporting activities for your child. The annual CSEF amount per student will be \$125 for primary school students.

How to Apply

Application forms are available at the school office or download from www.education.vic.gov.au/csef

Closing Date

You should lodge a CSEF application form at the school by 28th June, 2019.

For more information about the CSEF visit www.education.vic.gov.au/csef

Brown Hill Local Area Plan Draft

A copy of the Brown Hill Local Area plan is available for parents to sign out and borrow at the office.

CPS Hot Cross Bun Drive

Orders for Hot Cross Buns will be delivered to the school on Thursday 4th April.

2019 School Terms

Term 1 31st Jan – 5th April

Term 2 23rd April – 28 June

Term 3 15th July – 20th September

Term 4 7th October – 20th December

Brown Hill Playgroup @ Caledonian Primary School

All babies and preschool age children welcome!

Held every Wednesday morning 9am-11am at Caledonian Primary School,

Multi-Purpose Room (Excluding school and public holidays).

Bring a piece of fruit to share and a gold coin donation.

Find us on Facebook.

Any questions? Contact Caledonian Primary School on 5332 6955.





TEACHING YOUNG AUSTRALIANS TO BE
mentally healthy

PARENT INFORMATION NIGHT

Come along to the parent information night at Caledonian Primary School to learn more about methods to support mental health and wellbeing.

When: Monday 1st April, 2019

Time: 7.00pm (90 minute presentation)

Where: Caledonian PS Multipurpose Room

THE RESILIENCE PROJECT.COM.AU

*Please note a TryBooking link will be available closer to the date to reserve your spot at this evening.



APRIL SCHOOL HOLIDAY PROGRAM

Monday 8th of April to Thursday 18th of April 2019

(excluding weekends & public holidays)

Eastwood Leisure Centre, Ballarat

8am to 5pm each day

Pre-School to Grade 6, boys & girls

\$40 (+ GST) per day (\$35 + GST per day for 5+ days)

Enrol online www.kellysports.com.au

Any queries call or text Paul on 0423 335 616